



### HAWKS Swimming Association Parent Consent Form – Massages

Massages, rubdowns and athletic training modalities can present a risk for Applicable Adults to abuse minor athletes. As a result, all massages, rubdowns and athletic training modalities performed on a minor athlete must be conducted in an observable, interruptible environment by a non-coach licensed professional.

This form serves as written consent from a HAWKS minor athlete's legal guardian for their minor athlete to receive a massage, rubdown, or athletic training modality during official team events, and intended to satisfy the requirements in the situations below, taken from the MAAPP FAQs regarding massages:

Q: Can a coach assist an athlete stretching a leg or working out a shoulder knot?

A: No. Under no circumstance is a coach permitted to perform a rubdown or massage even if the coach is a licensed massage therapist or athletic trainer.

Q: Is it permissible for a coach to use an applicator to help apply relief creams or work out a muscle?

A: No. The use of instrument assisted modalities by a coach is not allowed.

Q: Does a legal guardian have to give permission for a massage therapist to work on their minor athlete?

A: Yes. The legal guardian must provide advance, written consent to the licensed massage therapist or other certified professional, with a copy provided to the club.

I, \_\_\_\_\_, legal guardian of \_\_\_\_\_, a minor athlete, give express written permission and grant an exception to the Minor Athlete Abuse Prevention Policy for \_\_\_\_\_ (massage therapist or other certified professional) to provide a massage, rubdown and/or athletic training modality on \_\_\_\_\_ (minor athlete) on \_\_\_\_\_ (date) at \_\_\_\_\_ (location). The massage, rubdown or athletic training modality must be done with at least one other adult present. I acknowledge that I have the right to observe the massage, rubdown or athletic training modality. I further acknowledge that this written permission is valid only for the dates and location specified herein.

Legal Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_