



## **HAWKS SWIMMER CODE OF CONDUCT**

As a HAWKS swimmer, you agree to follow the rules for behavior and sportsmanship wherever and whenever HAWKS is represented.

- Show respect and be polite to EVERYONE.
- Respect the property of HAWKS and of others. Do not use others' property without their permission.
- Do not steal or vandalize anything that doesn't belong to you.
- Do not use profanity. Do not make ugly comments to others. Do not gossip or lie.
- Do not behave in a manner that makes coaches or other swimmers uncomfortable (public displays of affection, sexual harassment, bullying).
- While at HAWKS functions, facilities and meets always represent the team in a positive and respectful manner.

### **Swim Practice Etiquette**

- Arrive on time to practices.
- Listen to coaches and follow their direction.
- Do not disrupt your coach or bother others in your lane.
- Practice good sportsmanship and encourage teammates.
- Work hard.
- Promote team spirit.

### **Meet Etiquette**

- Wear your HAWKS swim cap and team uniform. Show team pride.
- Show up to the meets on time (early) for check in.
- Demonstrate good sportsmanship. Win gracefully. Lose graciously. Congratulate and encourage opponent(s).
- See your coach immediately after your races.
- Questions about a disqualification? Talk to your coach. Do not approach officials at a meet.
- Remember to be a positive representative of HAWKS at all times. Cheer for and support your teammates.

### **Prohibited Behavior**

- Use or possession of drugs, firearms, alcohol, tobacco, or any other hazardous substances.
- Theft.
- Conviction for any unlawful act.
- Demonstration of disrespect to property or individuals (vandalism, bullying, harassment).
- Anything that is against USA Swimming rules.

**If you violate these codes or behave in a manner that brings discredit or discord to HAWKS or USA Swimming, you may be subject to disciplinary action. HAWKS maintains the right to suspend or terminate any membership with or without cause.**

I have read and understand the HAWKS Swimmer Code of Conduct as set forth above, and I agree to abide to its terms and conditions as a requirement of membership to the HAWKS Swimming Association.

Swimmer's Name \_\_\_\_\_

Swimmer's Signature \_\_\_\_\_ Date \_\_\_\_\_